



We are a welcoming Christian community which embraces all people.  
We support each other to grow in faith and create a loving and compassionate community.  
We aspire to live as Christ's witnesses of God's unconditional love.

We are committed to  
being a Child-Safe  
Community

## FOURTH SUNDAY IN ORDINARY TIME 1 - 2 -26

This week: Zeph 2:3, 3:12-13, 1 Cor 1:26-31, Mt 5:1-12

Next week: Is 58:7-10, 1 Cor 2:1-5, Mt 5:13-16

Has the Gospel become comfortable?  
Is it **easy** to be a Christian?

Are our priorities, what we hold important, what we give our time and energy to  
any different from the wider world?

The Gospel today contains the Beatitudes:  
those great counter-cultural statements of Jesus  
which say that his disciples tick very differently (hopefully)  
to the world around them:

a valuing of poverty, of less, of mercy, not strength, of woundedness not imperviousness.

The Beatitudes say we're different.

Are we ?

Fr Colin

### In today's bulletin . . .

#### FIRST FRUITS

The annual invitation to consider  
your financial support of our parish  
and its ministry. See page 2.

#### THE TIME OF LENT

The whole of page 7 gives advance  
notice of the many ways to make  
this Lent a true season of renewal.

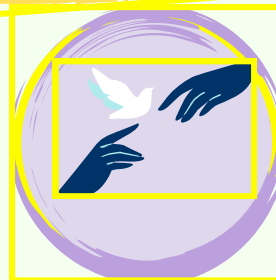
#### FINDING GOD IN ALL THINGS

An exciting new programme for  
spiritual enrichment this Lent.

See page 7.

and see the notice below for all the  
regular parish opportunities for  
living our faith which begin again  
from this week onwards.

## ENROLMENTS NOW OPEN



### First Reconciliation

ENROL: [events.humanitix.com/2026-reconciliation](https://events.humanitix.com/2026-reconciliation)

For more info: Maia Schulze on [maia@lindfieldkillara.org.au](mailto:maia@lindfieldkillara.org.au)

#### DIARY DATES

Parent Meeting Tue 10 Feb 7pm

Session 1 Sun 15 Feb 4.45pm  
+ Rite of Enrolment

Sessions 2 Sun 22 Feb 9am  
+ Rite of Peace

Session 3 & 4 Sun 1 Mar 4-6pm

Celebrations Saturday 7 March  
1pm & 3pm at Killara

## Parish life is back up and running.....

#### SUNDAY MORNING TEA RESUMES:

1st Sundays after 9am Mass  
&  
2nd and 4th Sundays after  
10:15am Children's Masses



#### PARISH BOOK CLUB

resumes in February on the  
4<sup>th</sup> Wednesdays at 10:00am.



#### CHILDREN'S MASS & CHILDREN'S CHOIR

resume on the 2nd and 4th  
Sundays of the month at the  
10:15am Mass.



#### 'CHILDREN OF GOD' (COG')

our youth activity &  
morning tea for primary  
school aged children follows  
the Children's Mass on the  
2nd & 4th Sundays



#### MONTHLY PARISH POTLUCK DINNER

is back on the 3rd Sunday  
evening of each month.



#### SCRIPTURE STUDY GROUPS

1st & 3<sup>rd</sup> Wednesdays at 11am  
2<sup>nd</sup> & 4<sup>th</sup> Wednesdays at 7:30pm  
resume in February



#### SENIOR'S SOCIAL GROUP

starts up again on Friday  
20th February at 11:00am  
(and on the 3rd Friday of  
every month)



#### HEALING MASS AND MORNING TEA

is back on the 2nd Friday of  
each month at 10am at  
Killara, starting Friday 13th  
February.





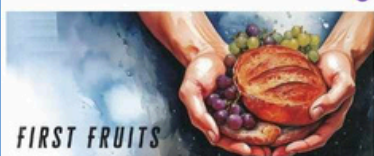
# FIRST FRUITS OFFERING

## What's this? Not another Appeal ?!

Well, it is an appeal of sorts - but not for anything today. 'First Fruits' is something that's happening in all our parishes to put before everyone three considerations:

- ★ with a reduction in attendance at Mass following CoVid our parish faces a continuing financial challenge to maintain our property and to support our ministries and mission
- ★ 'First Fruits' is an annual invitation across all our parishes in the diocese to consider 'PLANNED Giving': moving from reflecting on how important our Church, our parish, the mission of Jesus is, to considering a commitment to an *annual* amount of giving
- ★ if you are already giving in a planned way it's also an invitation to review the amount of that giving

The 'First Fruits "Appeal" (NOT a collection!) will take place over this weekends and next whereby there will be envelopes available which you can take home and return the next week which provide the opportunity to indicate a weekly, fortnightly, or monthly amount you would be happy to be charged to your credit card.



OR: Scan this QR code and when you select First or Second Collection and enter an amount you will be given the option to commit to a regular contribution (the option box is titled 'Payment Frequency')..



Lindfield/Killara


**There are other options too:** once you've decided on the annual amount you would like to gift to our parish and its work:

 you can set up a regular contribution from your own bank account. The details of our 1st & 2nd collection accounts can be found on our website ([www.lindfieldkillara.org.au](http://www.lindfieldkillara.org.au)) under 'Our Parish' → 'Parish Finances' (or on p.6).

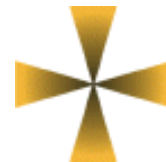
or

 if you'd like help setting up regular contributions either from your credit card or bank account just contact Karen at [accounts@lindfieldkillara.org.au](mailto:accounts@lindfieldkillara.org.au)

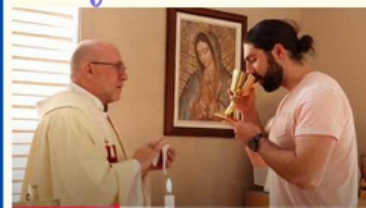
or

 you can just make your own internal commitment and use the tap machines to contribute (remember - the machines also allow you to enter any amount of your choice)

We thank all of you for your on-going and generous support of our parish. The heart of the First Fruits appeal is an invitation to reflect on how much we value our Church, our parish, and how much we can contribute to support it, to sustain it and to help it flourish.



## Could you be a Minister of the Chalice?



Now that the option of receiving Holy Communion also from the chalice has been re-introduced we need some more lay ministers in the following two categories:

1. simply to be a Minister who offers the chalice to people at Holy Communion.
2. in the case where the celebrant is not willing to consume the remaining consecrated wine, to be willing to do so at the conclusion of Holy Communion.

If you are an existing Eucharistic Minister who would be willing to undertake either of these roles **OR** if you are not currently in that ministry but would be willing to take it on **please contact me as soon as possible.**

Fr Colin



## Parish Retreat at Tarrawarra Abbey

**We still have THREE spots available for this parish retreat**

**Details:** arrive afternoon of Monday 13<sup>th</sup> April, depart lunchtime Sunday 19<sup>th</sup> April (this retreat falls within school holidays).

**If you would like to take part** please let me know ([colin@lindfieldkillara.org.au](mailto:colin@lindfieldkillara.org.au)) as soon as possible so that we can confirm our bookings. There are only 10 spaces available on each retreat. Fr Colin

For more information and background go to our parish website ([www.lindfieldkillara.org.au](http://www.lindfieldkillara.org.au)) and then click on: Groups & Ministries → Adult Faith Development → Parish Retreats.

*As we gather in worship on this day we acknowledge the Traditional Owners of the land on which our parish is found. We also pay our respects to Elders past and present.*

## ***Food for the spirit....***

*Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me" (Gospel)*

### **THE STRUGGLE FOR WHOLENESS**

Contemporary spirituality tends to identify holiness with wholeness. Given that theology has always affirmed that grace builds on nature, that equation is, if taken correctly, good algebra. What is less emphasised in contemporary spirituality is how difficult it is to attain any kind of wholeness.

Why? Because we are all so incredibly complex. We spend much of our lives sorting through various rooms within our hearts trying to find out where we are really at home and trying on various personalities the way we try on clothes. It's hard to come to wholeness when we aren't always sure who we are or what's ultimately truest within us.

I remember once seeing a fascinating interview with Catherine de Hueck Doherty, the foundress of the Madonna House Apostolate. She was already 80 years old and was reflecting upon her own spiritual struggles. "Inside of me," she said, "there are three persons:

*There is someone I call the Baroness. This person is very spiritual, efficient, and given to asceticism and prayer. The baroness is the religious person. She has founded a religious community and writes spiritual books challenging others and herself to dedicate their lives to God and the poor. The Baroness reads the Gospel and is impatient with the things of this world. For her, this life must be sacrificed for the next one.*

*Then there is Catherine. Catherine is, first of all and always, the woman who likes fine things, luxuries, sensual things. She enjoys idleness, long baths, fine clothes, putting on make-up, healthy sex life. Catherine enjoys this life and doesn't like renunciation and poverty. She is nowhere as religious or efficient as the Baroness. In fact, she hates the Baroness, she and the Baroness don't get along at all.*

*And finally, inside of me too there is another person, a little girl, who is lying on a hillside in Finland, watching the clouds and daydreaming. This little girl is quite distant from both the Baroness and from Catherine.*

*... And as I get older I feel more like the Baroness, long more for Catherine, but think that maybe the little girl daydreaming on a hillside in Finland is the true me."*

Had these words been written by someone with fewer credentials within the spiritual life, they would not be as meaningful. However they are not from the basic level of initial conversion, but from someone who had long before made a deep irrevocable commitment to God, community, and the poor.

How complex is the human personality and how difficult is the struggle for wholeness!

Like Catherine Doherty, all of us have a number of persons inside of us. Inside of each of us there's someone who hears the Gospel call, that's drawn to the religious, to the beatitudes, to renunciation, to self-sacrifice, to a life beyond this one. But inside of us there is also the hedonist, the sensualist, the person who wants to luxuriate in this world and its pleasures. Beyond that, inside of each of us there is too a little boy or little girl, daydreaming still on some hillside somewhere.

Soren Kierkegaard once said that to be a saint is to will one thing. However, given all of these people inside of us, what can we really will?

Moreover, given too that grace is not meant to annihilate nature it is too simple to say that the spiritual life is simply a question of having the "spiritual person" win out over the "hedonist," the "sensualist," the "lover of this world," and the "daydreaming child." Wholeness must somehow mean precisely that, a making of one whole out of all of these parts. To ignore, annihilate, invalidate, or bypass one part for another is precisely never to achieve wholeness.

The truly spiritual person is a whole person and a whole person is, as Christ was, the ascetic and the hedonist, the lover of this life and the lover of the next life, the dreamer and the realist, and countless more things, all at the same time.

What must be rejected in our spiritual quest is not our nature, with its endless paradoxes and seeming schizophrenia, but all spiritualities, ideologies, and conventional wisdom, which tell us it's simple, and would have us believe that holiness can be achieved quickly, unmessily, without confusion and without great patience.

All of us are pathologically complicated. Each of us could write our own book on multiple personalities. But that points to the richness, not the poverty, of our personalities. It does not suggest that there are parts of us that aren't spiritual, but that the attainment of wholeness is a lot more complex than any one part of us would have us believe. Nikos Kazantzakis once wrote that "the spirit wants to wrestle with flesh that is strong and full of resistance ... because ... the deeper the struggle, the richer the final harmony."

*Fr Ron Rolheiser omi (from the Centre for Liturgy, University of St Louis)*

**SCHOOL MASS** Mass this Friday 6<sup>th</sup> at Lindfield will be at 9:00am and will be a School Mass to celebrate the beginning of the new school year and to celebrate the feast of St Brigid. All are welcome.

**FIRST SUNDAY OF THE MONTH MORNING TEA** will follow the 9:00am Mass at Killara this Sunday 1st.

**CHILDREN'S MASS WITH CHILDREN'S CHOIR** Our first Children's Mass of the year (on the 2<sup>nd</sup> and 4<sup>th</sup> Sundays of every month) will be at 10:15am next Sunday 8<sup>th</sup> and will, as always be followed by morning tea.

**ENTRANCE: SEEK, O SEEK THE LORD**

**Refrain:** Seek, O seek the Lord, while He is near;  
Trust Him, speak to Him in prayer, and He will hear.

God be with us in our lives,  
direct us in our calling;  
break the snares the world contrives,  
keep us from falling. **R**

God, increase in us the life  
that Christ by dying gave us.  
Though we faint with mortal strife,  
His blood will save us. **R**

Strengthen in our hearts the love  
we owe to one another.  
How can we love God above  
and not each other? **R**

Text: © Estate of James McAuley; Tune: Richard Connolly ©1971, Willow Publishing\*

**DEDICATION OF THE GIFTS: BLESSED ARE THE POOR IN SPIRIT**

Blessed are the poor in spirit  
for theirs is the Kingdom of Heaven.  
Blessed are the gentle  
or they shall possess the land.

Blessed are they  
that hunger and thirst after justice.  
Blessed are they  
that suffer gladly for justice sake.

Blessed are they that mourn  
for they shall be comforted.  
Blessed are the pure in heart  
for they shall see God.

Blessed are you  
when they revile and harm you  
And speak all evil  
against you untruly for my sake.

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Blessed are the merciful  
for mercy they will find.  
Blessed are the peacemakers  
for they shall be called God's children.

*Peter Kearney ©1967, BMG AM \*\**

**COMMUNION: AMAZING GRACE**

Amazing Grace, how sweet the sound  
That saved a wretch like me  
I once was lost, but now am found  
Was blind but now I see

'Twas Grace that taught my heart to fear  
And Grace, my fears relieved  
How precious did that Grace appear  
The hour I first believed

Through many dangers, toils and snares  
We have already come  
'Twas Grace that brought us safe thus far  
And Grace will lead us home

*Public Domain – Text: J. Newton (1725-1807), J. Rees (1828-1900). Tune: Virginia Harmony*

**RECESSIONAL: A NEW HEART FOR A NEW WORLD**

Create a new heart, holy Lord,  
Beckon our lives through your word,  
Open our eyes to your call,  
United as one for your world.  
Heighten our minds to your thoughts,  
Heal us of pride and of hurt,  
May we go forth in your name,  
We pray our hearts change.

The heart of the cross lowly and poor, calls us on.  
Lord, it is you promising hope, promising truth. *Ref.*

Restless the hearts  
who yearn for your peace in this land.  
Deepen the dream,  
justice brings life, justice redeems. *Refrain*

*T. Watts, M. O'Brien ©1985, Willow Publishing\*\**

# Lindara Markets

**2026 Market Dates for your calendar:** 21 March, 18 July & 21 November.

## Can you lend a hand for a good cause?

Lindara Markets raises funds for the support of those facing homelessness and directs its funds to CatholicCare Broken Bay to undertake this good work - a wonderful ecumenical collaboration between the catholic and Uniting Churches.

**Pricing and Sorting sessions** will be held in the Lindfield Uniting Church undercroft hall 12-3pm from Friday 27th Feb and continue every Friday until the market on Saturday 21st March.

### A morning tea shift on Market Day Saturday 21 March

Extra Lindara Market volunteers are always needed to replace those who become unwell, will be away, or who retire – please help us by mentioning this good cause to friends, neighbours, relatives. **One current need is an extra person to help on a morning tea shift at the next market.**

Email your contact details to Jane at [lindfielduca@gmail.com](mailto:lindfielduca@gmail.com) or call Noella Allering on 9498 8105 to express interest in helping out or let Catherine Willis at [catherinecwillis@gmail.com](mailto:catherinecwillis@gmail.com) from our parish know that you can help.



# The Prayers and Responses of Mass

## THE GLORIA

Glory to God in the highest,  
and on earth peace to people of good will.  
We praise you, we bless you,  
we adore you, we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world, have mercy on us;  
you take away the sins of the world, receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.

For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit, in the glory of God the Father. Amen.

## THE PSALM

PS 145:7-10

It is the Lord who keeps faith for ever,  
who is just to those who are oppressed.  
It is the Lord who gives bread to the hungry,  
the Lord, who sets prisoners free.

It is the Lord who gives sight to the blind,  
who raises up those who are bowed down,  
the Lord, who protects the stranger  
and upholds the widow and orphan.

It is the Lord who loves the just  
but thwarts the path of the wicked.  
The Lord will reign for ever,  
Zion's God, from age to age.

## THE APOSTLES' CREED

I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,

*(we bow at the following words in bold):*

**who was conceived by the Holy Spirit,  
born of the Virgin Mary,**

suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand  
of God the Father almighty;  
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

## GOSPEL ACCLAMATION

Alleluia, alleluia! Rejoice and be glad;  
Your reward will be great in heaven. Alleluia!

## MEMORIAL ACCLAMATION

We proclaim your Death, O Lord,  
and profess your Resurrection, until you come again

“Let us disarm words and we will help to disarm the world.”

— Address of Pope Leo XIV to representatives of the media, 12 May 2025

## FR RICHARD ROHR OFM'S MEDITATION: SURVIVING DOUBT

*St John of the Cross describes the doubt that disrupts a soul in the dark night, when all sense of knowing God is absent. Mirabai Starr translates from John's classic work Dark Night of the Soul:*

The deep suffering of the soul ... comes not so much from the aridity she must endure but from this growing suspicion that she has lost her way. She thinks that all spiritual blessing is over and that God has abandoned her. She finds neither support nor delight in holy things. Growing weary, she struggles in vain to practice the [prayer methods] that used to yield results.

*John of the Cross encourages those experiencing this dark night to trust the silence that comes when we surrender our need to speak to God using words:*

This is no time for discursive meditation. Instead, the soul must surrender into peace and quietude, even if she is convinced she is doing nothing and wasting time. She might assume that this lack of desire to think about anything is a sure sign of her laziness. But simple patience and perseverance in a state of formless prayerfulness, while doing nothing, accomplishes great things.

All that is required here is to set her soul free, unencumbered, to let her take a break from ideas and

knowledge, to quit troubling herself about thinking and meditating. The soul must content herself with a loving attentiveness toward God, without agitation, without effort, without the desire to taste or feel [God]. These urges only disquiet and distract the soul from the peaceful quietude and sweet ease inherent in the gift of contemplation being offered.

The soul might continue to have qualms about wasting time. She may wonder if it would not be better to be doing something else, since she cannot think or activate anything in prayer. Let her bear these doubts calmly. There is no other way to go to prayer now than to surrender to this sweet ease and breadth of spirit. If the soul tries to engage her interior faculties to accomplish something, she will squander the goodness God is instilling in her through the peace in which she is simply resting....

The best thing for the soul to do is to pay no attention to the fact that the actions of her faculties are slipping away.... She needs to get out of the way. In peaceful plentitude, let her now say “yes” to the infused contemplation God is bestowing upon her.... Contemplation is nothing other than a secret, peaceful, loving inflow of God. If given room, it will fire the soul in the spirit of love.

**Killara Church**  
5:30pm Vigil  
9.00am\*

**Lindfield Church**  
8.30am 10.15am\*\*  
12noon Chinese Mass  
6:00pm Youth Mass\*\*\*

\* Morning Tea follows 9am Mass at Killara on the 1st Sunday.  
\*\* 10:15am Mass on the 2nd & 4th Sundays is a Children's Mass, and is followed by morning tea.  
\*\*\* Parish Pot Luck dinner follows 6pm Mass on the 3<sup>rd</sup> Sunday.

Weekday Mass this week  
Mon. 8am Killara *Feast of the Presentation of the Lord (Candlemas)*  
Tues. 8am Killara  
Wed. 10am Lindfield (*Memoria, St Agatha*)  
Thur. 10am Lindfield  
Fri. **9:00am** Lindfield (**School Mass-all welcome**)

**The Ordinariate of Our Lady of the Southern Cross**  
(gathering in our church at Killara):  
Mass Wednesday 6pm (preceded by Exposition from 5pm)  
Thursday 9am Friday 9am Sunday 12 noon  
Evensong 4th Sunday of the month 4pm

### Sunday Mass Roster

<b>SATURDAY</b> Killara 5:30PM	<b>31 JAN.</b> Fr Colin	<b>7 FEB.</b> Fr Stephen
<b>SUNDAY</b> Lindfield 8:30AM Killara 9:00AM Lindfield 10:15AM Lindfield 12:00PM Lindfield 6:00PM	<b>1 FEB.</b> Fr Stephen Fr David Orr Fr Stephen Fr A.Capirayan Fr Colin	<b>8 FEB.</b> Fr Colin Fr Stephen Fr Colin Fr A.Capirayan Fr Colin

## How to contact us

**Fr Colin Blayney PP VF, Parish Priest**  
0475 558 500 colin@lindfieldkillara.org.au

**Parish Office Hours: Tue-Fri. - 9.30am - 4pm**  
**Postal address:** PO Box 22, Lindfield NSW 2070  
**P:** 9416 3702 **E:** parishoffice@lindfieldkillara.org.au  
**Parish Website:** www.lindfieldkillara.org.au

**Fr Stephen Hill, Priest-in-residence**  
(voice only) 0474 303 261 fr.stephen@me.com

For all of our staff click on 'Our Parish' on the website.

**Holy Family School: 4 Highfield Rd, Lindfield**  
**E** info@holyfamily.nsw.edu.au **Ph.** 7256 2141

## Ways that you can support our parish

### 1. Direct debit contributions from your bank A/C:

#### 1st Collection:

(providing for the priests of the parish & retired & sick clergy):  
BSB 062 784 Ac 10000 1624

#### 2nd Collection:

(providing for all the operating costs of the parish):  
BSB 062 784 Ac 10000 1623

### 2. Credit card: Scan the code & then select each of our two collections

**3. Periodic payments from your credit card:**  
Just click on the hotlink box entitled 'Supporting parish finances' on our homepage (www.lindfieldkillara.org.au) or email accounts@lindfieldkillara.org.au for assistance.

### 4. The Tap Machines are available in our two churches.



## FEBRUARY

### Online Meditation Group every Wednesday 8:00-8:30am.

Sun 1st Morning Tea following 9am Mass at Killara  
Tues. 3rd 7:30pm Parish Pastoral Council  
Wed. 4th 11:00am Scripture study (online)  
7:30pm Finance Committee (online)  
Sun. 8th 10.15am Children's Mass followed by morn. tea  
Tues. 10th 7:00pm First Reconciliation Parent Meeting  
Wed. 11th 7:30pm Scripture study (online)  
Fri 13th 10:00am Healing Mass at Killara  
Sun 15th Potluck dinner following 6pm Mass  
Wed. 18th **ASH WEDNESDAY**  
Fri 20th 11:00am Seniors' Social Group  
Sun 22nd 10.15am Children's Mass followed by morn.tea  
Wed 25th 10am Book Club

### THE SACRAMENT OF RECONCILIATION

Saturdays 5:00-5:15pm at Killara

## Our Chinese Catholic Community

常年期第四主日 12.2026  
中文主日彌撒正午12時  
讀經一 (我必在你中間, 留下謙遜和貧苦的百姓。)

恭讀索福尼亞先知書 2:3, 3:12-13  
地上所有遵守上主法律的卑微人! 你們應尋求上主, 你們要追求公義, 要務求謙和, 也許你們在上主憤怒的日子, 能藏身免禍。  
但我必在你中間, 留下謙遜和貧苦的百姓; 他們必依賴上主的名號。以色列的遺民不再作惡, 也不再說謊; 在他們的口裡, 也不再找不到欺詐的舌頭。的確, 他們或是牧放, 或是休息, 再沒有人來恐嚇他們。——上主的話。

答唱詠 詠146:7, 8, 9-10  
【答】: 神貧的人是有福的, 因為天國是他們的。 (瑪5:3)

領: 上主為被欺壓的人辯護, 上主賜食物給飢餓的人; 上主使被囚的人, 獲得自由。【答】  
領: 上主開啟瞎子的眼睛; 上主使僵僵的人挺身; 上主喜愛正義的人; 上主保護旅客。【答】  
領: 上主扶助孤兒寡婦; 上主迷惑惡人的道路。願上主永遠為王! 熙雍, 你的天主萬壽無疆!  
【答】

讀經二 (天主召選了世上懦弱的人。)  
恭讀聖保祿宗徒致格林多人前書 1:26-31  
弟兄姊妹們:

你們看看你們是怎樣蒙召的: 按肉眼看, 你們當中有智慧的人並不多, 有權勢的人也不多, 顯貴的人也不多。

天主偏召選了世上愚妄的, 為羞辱那有智慧的; 召選了世上懦弱的人, 為羞辱那堅強的; 甚至天主召選了世上卑賤的和受人輕視的, 以及那些一無所有的, 為消滅那些有的, 為使一切有血肉的人, 在天主前無所誇耀。

你們得以結合於基督耶穌, 全是由於天主, 也是由於天主, 基督成了我們的智慧、正義、聖化者和救贖者, 正如經上所記載的: 「凡要誇耀的, 應因主而誇耀。」  
——上主的話。

福音前歡呼  
領: 你們歡喜踴躍吧! 因為你們在天上的賞報是豐厚的。 (瑪5:12)

福音 (神貧的人是有福的。)  
恭讀聖瑪竇福音 5:1-12  
那時候, 耶穌一見群眾, 就上了山, 坐下; 他的門徒來到他面前, 他於是開口教訓他們說:  
「神貧的人是有福的, 因為天國是他們的。  
「哀憫的人是有福的, 因為他們要受安慰。  
「溫良的人是有福的, 因為他們要承受土地。  
「飢渴慕義的人是有福的, 因為他們要得飽餓。  
「憐憫的人是有福的, 因為他們要受憐憫。  
「心裡潔淨的人是有福的, 因為他們要看見天主。  
「締造和平的人是有福的, 因為他們要稱為天主的子女。  
「為義而受迫害的人是有福的, 因為天國是他們的。  
「幾時人為了我而辱罵迫害你們, 捏造一切壞話毀謗你們, 你們是有福的。你們歡喜踴躍吧! 因為你們在天上的賞報是豐厚的。」  
——上主的話。

\*\*\*\*\*  
彌撒後. 請各教友參加午餐聚會  
Sunday School 主日學 12:00 (中英雙語)  
\*\*牧職修女司徒金美修女 0419-426899  
\*\*北區中心聯絡 Gloria Cheung 0416-118089

## Lord, in Jesus your Son, you restored to us the gift of everlasting life. Grant that life to:

**Please pray for the repose of the soul of Mary McCormick (mother of Josie McCormick of our parish) who died during the week.**

**Recently deceased:** Peter Lawrence, Daniel Hodgson, Barry Haraldson, Sister Marie Westblade, Margaret O'Rourke, Janice Swanson, Marilyn O'Neill, Mary Moran, Julie Moloney, Maria Casella, John Pera, Dennis Tonitto. **Anniversary:** Gwenda Rose Bradley, James Bradley, Julia Martin, Peter Hutchings.  
**And for:** George Joseph Blayney.

**Please pray for those who are sick:** Annette Leong, Diana Rosewell, Genevieve Larkin, Elvira Rodriguez, Wolfgang Liers, Tanya Walsh, Jutta Mathur, Jessica Keen, Ali Crawford, William Wise, Janette Brennan, Barbara and John McMullen.



# Let's truly enter the approaching Season of Lent

## LENTEN ECUMENICAL SERVICES

Once again we'll gather with our sisters and brothers from our fellow local Churches to keep the time of Lent together and to build the bonds of unity for which Jesus prayed at his last supper: 'Father, may they be one...' Please make it a priority to take part in these precious opportunities:

**Tuesday 24th February at 7:30pm**

at Killara Uniting Church

Preacher: Rev. Colin Blayney

**Tuesday 10th March at 7:30pm**

at Roseville Uniting Church

Preacher: Rev. Christian Hohl

**Tuesday 24th March at 7:30pm**

at Holy Family Catholic Church at Lindfield

Preacher: Rev. Yangrae Son

## THE SACRAMENT OF RECONCILIATION



Reconciliation

Please make use of the beautiful sacrament of God's mercy during Lent. The sacrament is available each Saturday in our two churches. Once Holy Week begins there will be no times for Reconciliation as by then our Easter preparations

should be concluded. We will also have a celebration of the **Second Rite of Reconciliation** in our Killara church on Wednesday 25<sup>th</sup> March at 7:00pm.



## WEEKDAY MASS IN LENT

provides a rich opportunity. The daily Scripture readings give food for thought and our meeting with the Lord in the Eucharist deepens our love for Him and for one another.

And remember parking is now available at Lindfield - for the duration of weekday Mass you can park on the internal road or double park in the teachers' carpark (and in Coles!).

**LENTEN REFLECTION PROGRAMME** Booklets for personal reflection containing the Diocesan Lenten Programme - *Walking in the Wilderness: A Lenten Journey of Communion, Participation, and Mission* - will be available soon.



PROJECT  
COMPASSION

## PROJECT COMPASSION....

is at the heart of Lent with its opportunity for real Lenten sacrifice which is turned into aid for those most in need in our world.

You can use the boxes or envelopes or go online at [caritas.org.au/project-compassion](http://caritas.org.au/project-compassion) or call 1300 024413

## AT THE PERSONAL LEVEL:

Why not set a little time aside and tap into the short daily guided meditations at:

<https://pray-as-you-go.org/>

Or explore the immensely rich and wider offering of prayer resources at :

<https://pray-as-you-go.org/discover>



## A Parish Lenten journey - Finding God in all Things

*How can we find God in all aspects of our daily lives?  
How do we keep moving forward to sustain ourselves with God in love and service and our spiritual life?*



God can be found in everyone, in every place and in everything.

We are offering an opportunity for you to experience these graces with others in a Lenten Programme '**Finding God in All Things**' which is at the core of Ignatian Spirituality.

Commencing on Thursday 26<sup>th</sup> February and continuing on the following four Thursdays of Lent.

We will meet in the Shirley Wallace Centre above Holy Family church.

**There are two alternative times:**

**Thursday mornings** at 10:45am (after Mass)

**OR**

**Thursday evenings** at 7:00pm

**Sign up at the back of the church or scan the code:**

For further enquiries email Teresa at :  
[tessgumgee@gmail.com](mailto:tessgumgee@gmail.com)



## HELP US TO MAKE OUR EASTER BEAUTIFUL - PLEASE BE PART OF OUR EASTER CHOIR

Our Easter Choir will sing on Holy Thursday, Good Friday and the Mass of the Easter Vigil.

To ensure we are well prepared there will be three rehearsals.  
If you wish to sing please attend **all** rehearsals.

Sunday 15th March 2:30pm to 4:30pm at Lindfield Church

Sunday 22nd March 2:30pm to 4:30pm at Lindfield Church

Sunday 29th March 2:30pm to 4:30pm at Lindfield Church

Rehearsals start promptly so please arrive 10 minutes early to get settled.

We look forward to contributing the beauty of these wonderful celebrations through our music.

For any further information please contact Catherine Willis at [catherinewillis@gmail.com](mailto:catherinewillis@gmail.com)





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**COULD YOU  
ADVERTISE  
HERE  
AND SUPPORT  
OUR PARISH?**

## Youth News

# WELCOME BACK!

**OUR FIRST CHILDREN'S MASS IS ON NEXT  
SUNDAY AND WE CANNOT WAIT TO SEE YOU!**

Please come along on Sunday, February 8th at 10:15am at  
Lindfield church for our first Children's Mass of 2026.

Our Children's choir is all ready to lead us with praises, and our  
readers are set to go in proclaiming the Word of God to us.

Everyone is very welcome to  
join us for a great morning tea  
straight after Mass.

February 8<sup>th</sup> at our Holy Family  
church

